

FOR IMMEDIATE RELEASE: July 30, 2013

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OCTOBER 2013 EVENT AND ACTIVITY LISTINGS

GLENDALE, Ariz. – The following events are offered from the city of Glendale Parks, Recreation and Library Services Department in October. The programs are free unless otherwise stated.

Touch A Truck

10 a.m.-1 p.m., Saturday, Oct. 5 at Westgate Entertainment District, 6770 N. Sunrise Blvd., East Parking Lot
This event is fun for the entire family and educational, too! Come out, look at, sit in and “Touch A Truck” of all sizes and shapes. This unique and exciting event is a wonderful opportunity for families to learn about big trucks and their functions. Industrial, commercial, rental, fire and other city vehicles will be on display. Enjoy shopping, dining and more before and after the event at Westgate Entertainment District. For more information, call 623-930-2820.

Neighborhood Trick-or-Treat Off the Street Halloween Event

Friday, Oct. 25, 6-8 p.m. at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Looking for an alternative to traditional trick-or-treating? Children 10 and younger can trick-or-treat at the Foothills Recreation & Aquatics Center and enjoy an evening of activities, including carnival games, photo opportunities, face painting, costume parade and arts and crafts. Trick-or-Treat passports can be purchased the night of the event for \$4 (\$5 non-residents). Supervision is required, and parents are free. For more information call 623-930-4610.

Halloween Luncheon

Thursday, Oct. 31, 10:30 a.m. at the Glendale Adult Center, 5970 W. Brown St., Palo Verde Room

Calling all ghouls and goblins! Join us for this annual event featuring a scary show, costume contest, door prizes and lunch. Tickets are \$6 (non-members \$8); purchase in advance at the front desk. For more information, call 623-930-4321.

Go The Distance! Half Marathon Training Group

Begins Oct. 6, Sundays at 7 a.m. for 16 weeks at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Thinking about running a half marathon? This is a 16-week build-up to the Jan. 19, 2014, P.F. Chang’s Half Marathon. All running speeds/abilities welcome. Participants should be comfortable running a total of 10-15 miles/week at approximately 4 miles an outing without stopping. The half marathon training consists of 3 days of training; two “on your own” runs and one group run held on Sundays at 7 a.m. beginning Oct. 6. For more information, call 623-930-4610. 1 hour. \$82 (non-resident \$100) Fee does not include 1/2 marathon entry fee.

Couch Potato To 5K Beginning Running Program

Begins Oct. 5, Saturdays at 9 a.m. for 11 weeks at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

(Ages 8+) Go from the couch to the 5K finish line with training that gradually increases your endurance and fitness level. Receive guidance every step of the way in a fun group setting. Most sessions starts with a 30-minute running related workshop followed by a group training run. On Dec. 21, those interested in putting their skills to the test can meet at the Reach 11 Sports Complex for the Jingle Bell Run 5K (separate registration fee). Those under 16 years old must have parent/guardian registered for class. 1 hour. \$39 (non-resident \$49). Preregistration is required. Call 623-930-4600 to register. For more information, call 623-930-4610.

Halloween Cupcakes

Oct. 20, Sunday at 11:30 a.m., at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Learn to make cupcakes and discover the most exciting and unusual ways to decorate cupcakes using fondant. Combine art and pastry recipes and enjoy these delicious cupcakes. Impress your family and friends with these beautiful and delightful desserts. Cupcakes will be taken home. \$20 supply fee collected at class. Spanish instruction available on request. 4 hours. \$34 (non-resident \$41). Preregistration is required. Call 623-930-4600 to register. Call 623-930-4613 for more information.

Art Journaling 101

Oct. 12, Saturday 9 a.m. to noon, at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Always wanted to know about art journaling? Join Quinn McDonald, author of "Raw Art Journaling" (North Light Books 2011), in a workshop that uses inks, paints and techniques to get you started journaling. Instructor will collect \$10 supply fee at class. \$35 (non-resident \$42). Preregistration is required. Call 623-930-4600 to register. Call 623-930-4613 for more information.

Grow Your Own Microgreens

Oct. 29, Tuesday 5:30-9:30 p.m. at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Microgreens are certain vegetables and herbs harvested young that can be grown in containers either indoors or out. It is so convenient and easy to do that anyone can grow an abundant supply of microgreens in small spaces all year round. Learn about the nutrient value of each microgreen and what you need to know to be harvesting and enjoying these fast-growing, highly-nutritious foods in less than two weeks. A booklet will be provided with a resource list for seeds and supplies as well as recipes. Preregistration is required. Call 623-930-4600 to register. Call 623-930-4613 for more information.

Mystery Shopping

Oct. 8, Tuesday 1-5 p.m. at the Glendale Adult Center, 5970 W. Brown St.

Looking for extra income? Imagine eating at a restaurant or going to the movies and getting paid to do it. Learn what mystery shopping is, how to get started, get assignments and evaluate places such as restaurants, movie theaters, etc. Class is based on instructor's 15 years of experience in the field. Ages 18 and older. \$35 (non-resident \$42). Preregistration is required. Call 623-930-4600 to register. Call 623-930-4613 for more information.

Glass Fusion Pendant

Oct. 15, Tuesday 4:30-6 p.m. at Gallery Glendale, Westgate Entertainment District, 9380 W. Westgate Blvd.

Create a set of jewels as unique as you are with the guidance of a glass artist. Colored glass is layered and kiln fired to create several beautiful glass pendants to keep or to give as gifts. Glass cutting and design aesthetic for glass fusing is taught during this fun class. \$25 supply fee will be collected at the first class. Ages 12 and older. \$59 (non-resident \$71). Preregistration is required. Call 623-930-4600 to register. Call 623-930-4613 for more information.

Kids' Cooking

Saturdays for 4 weeks beginning Oct. 26, 11 a.m. to 12 p.m., at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

(Ages 7-12) Learn to use ingredients to create yummy dishes from scratch. Learn to make a breakfast, lunch and dinner item, along with a dessert. Also learn basic kitchen safety, safe food handling and proper use of kitchen tools. Class may be repeated as the recipes change each session. \$20 supply fee collected at the first class. No class Oct. 12 and Nov. 30. \$59 (non-resident \$71). Preregistration is required. Call 623-930-4600 to register. Call 623-930-4613 for more information.

Fall Bowling Bonanza

Saturdays, Oct. 12 – Nov. 30, 9–11 a.m. at Glenfair Lanes Bowling Alley, 6110 N. 59th Ave.

(Ages 8+) This is a special activity designed for individuals with physical, mental, emotional or social disabilities. Improve your bowling game, enjoy the support of others and make new friends! Parents, guardians and care givers volunteer and assist those with special needs to make this a rewarding experience. Bowling ramps are available to registered bowlers. Instruction is not provided. The program is \$23 for entire session (non-resident \$30) and includes use of a bowling ball and shoes. For more information, contact Anthony Garcia at 623-930-4335.

Gentle Reads Book Discussion Group

Wednesday, Oct. 2, 10 a.m. at the Foothills Branch Library, 19055 N. 57th Ave.

Join us on the first Wednesday of every month to discuss emotionally uplifting and inspirational fiction. This month's selection is "The Ladder of Years" by Anne Tyler. Please call Sarah at 623-930-3844 for a list of discussion titles and more information.

Foothills Coffeehouse: Live Acoustic Music

Wednesday, Oct. 2, 6:30 p.m. at the Foothills Branch Library, 19055 N. 57th Ave.

Join us the first Wednesday evening of every month for acoustic music performed by local musicians. For more information, call 623-930-3844.

Mystery Readers Group

Tuesday, Oct. 8, 11 a.m. at the Glendale Main Library, 5959 W. Brown St.

Join us for the October discussion about Halloween mysteries and thrillers. For more information, call 623-930-3531.

Acoustic Jam

Tuesday, Oct. 8, 6 p.m. at the Foothills Branch Library, 19055 N. 57th Ave.

Bring your acoustic instrument and play round-robin style. Audience members are welcome. For more information, call 623-930-3844.

Classics Book Club

Monday, Oct. 14, 1:30 p.m. at the Foothills Branch Library, 19055 N. 57th Ave.

Twens, ages 7-12, are invited to join the club's exploration of classic literature. Meetings are twice a month on the second and fourth Mondays. Due to the library's closure on the 27th, we will be meeting on the 20th this month. Contact Tonie at 602-547-5972 for current book title and registration.

The 58th Avenue Book Group

Tuesday, Oct. 15, 10:15 a.m. at the Velma Teague Branch Library, 7010 N. 58th Ave.

Join us for coffee and donuts. You can choose to read either "Killing Lincoln" by Bill O'Reilly or "Mrs. Lincoln's Dressmaker" by Jennifer Chiaverini. Copies of the two selections will be available at the August meeting. For more information, call 623-930-3431.

Paws to Read with Jake

Tuesday, Oct. 15, 4 p.m. at the Foothills Branch Library, 19055 N. 57th Ave.

Children can reserve a spot to read with Jake, one of the cutest therapy dogs this side of the Rio Grande! Each child may book one fifteen-minute spot to share a "tail" one-on-one with Jake. Jake is an official therapy dog certified through Delta Society. He loves books and stories of all kinds and would love to meet you! Ages 5 and up. Register by calling 623-930-3837 up to one week in advance.

A Novel Approach Book Discussion Group

Wednesday, Oct. 16, 7 p.m. at the Foothills Branch Library, 19055 N. 57th Ave.

Join us on the third Wednesday of every month to discuss engaging and thought-provoking popular fiction. This month's selection is "The Chaperone" by Laura Moriarty. Call Sarah at 623-930-3844 for a list of discussion titles and more information.

Afternoon Readers' Group

Thursday, Oct. 17, 2 p.m. at the Glendale Main Library, 5959 W. Brown St.

Join us for a discussion of books on the third Thursday of every other month at 2 p.m. This month's selection is "Flight Behavior" by Barbara Kingsolver. For more information, call 623-930-3531.

Glendale Coffeehouse

Thursday, Oct. 17, 6:30 p.m. at the Glendale Main Library, 5959 W. Brown St.

Join us on the third Thursday evening of every month for acoustic music from area musicians. Call 623-930-3573 for more information.

Ani-Manga Club

Tuesday, Oct. 22, 4 p.m. at the Foothills Branch Library, 19055 N. 57th Ave.

Teens interested in anime (Japanese animation) or manga (Japanese comics) are invited to this club to watch, discuss, and enjoy activities celebrating manga and anime. No registration is required. For more information, call 623-930-3840.

Toe-Tapping Thursday

Thursday, Oct. 24, 10:30 a.m. at the Glendale Main Library, 5959 W. Brown St.

Sing, clap, and dance in this movement and music program for ages 2-6. A parent/caregiver must be present. Space is limited, available on a first-come, first-served basis. For more information, call 623-930-3537.

Ebook Reader Lab

Thursday, Oct. 24, 1-2:30 p.m. at the Glendale Main Library, 5959 W. Brown St., large meeting room

Digital Librarian Marlene Jacobson will lead attendees in a workshop about eReaders. An assortment of the most popular readers will also be available for you to explore. Bring your own eReader for specific advice. No registration is necessary. For more info, call 623-930-3531.

Kearsten's Book Club

Monday, Oct. 28, 6:30 p.m. at the Glendale Main Library, 5959 W. Brown St.

Join other teens, ages 12-18, on the fourth Monday of every month to snack, chat and discuss a variety of titles for teens (or of teen interest). You do have to read to attend, so call ahead to register and reserve a copy of this month's book! For more information or to register, email Kearsten at 59Square@gmail.com.

Acoustic Jam Session

Wednesday, Oct. 30, 6 p.m. at the Glendale Main Library, 5959 W. Brown St.

Bring your acoustic instrument and play round-robin style. Audience members are welcome. For more information, call 623-930-3573.

Writers Group Workshop

Wednesday, Oct. 30, 6 p.m., at the Foothills Branch Library, 19055 N. 57th Ave.

Join us the final Wednesday of each month to meet fellow writers and hear thoughtful feedback on your work. All genres and writing styles welcome. New attendees must call to register. For more information, call 623-930-3853.

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